

Mary Ward's Teachings

"You will never reach true perfection if you pay attention to other people's business which does not concern you"

"If you give your service to anyone. Give it, and not with such repugnance that he who receives it might with justice be discontented."

"We should zealously endeavour to be grateful to our benefactors, loving towards our enemies, obliging towards our companions, and courteous towards everyone."

"Be seekers of truth and doers of justice"

"A person should not be half-hearted in giving herself to God but whole and entire"

"Be all too all"

"Women should and can provide something more than ordinary"

"Recognise and acknowledge the gifts of God and give thanks for them"

"Do what you do, that is apply yourself diligently to the work you have in hand, to perform it carefully and perfectly"

"Cherish God's vocation in you"

"Do your best and God will help"

"Have a cheerful mind, a good understanding and a great desire for virtue. Of these a cheerful heart is most essential."

"We should be sincere in speech and outlook."

"Be such as you appear and appear such as you are."

"Act not out of fear but solely from love."

"If anyone gives you trouble, meet them with friendly words, for so you will soften both yourself and him."

"By God's grace if we love Verity, fervour will not decay."

"There is no such difference between men and women that women may not do great things"

"It is one thing to possess goods; quite another to be possessed by them."

"Let your love at all times be rooted in God and then remain faithful to your friends and value them highly, even more highly than your own life."

"Do not easily be offended by the doings of others, since you cannot know what their intention is, but accustom yourselves to see good in all people."

"Take away from no one what he loves unless you give him instead something he loves better."

